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# Broccoli & Cheddar Cheese

Frozen Ready to Serve Pouch



Item Code	Item Name	Pk/Size	SCC	Case (L x W x H)	Case Weight Net & Gross		CuFt	Tie/High
30107	Broccoli & Cheddar Cheese	3 x 2.2 kg	10623273301079	12 875 x 10.5 x 5" 32.7 x 26.67 x 12.7 cm	6.6 kg 14.55 lbs	6.8 kg 14.99 lbs		12 x 7 = 84 cases per pallet

**Ingredients:** Water, broccoli, milk ingredients, modified corn starch, onions, parmesan cheese (milk, bacterial culture, salt, lipase, calcium chloride, microbial enzyme, powdered cellulose), coloured cheddar cheese (milk, modified milk ingredients, cream, salt, bacterial culture, colour, calcium chloride, microbial enzyme, cellulose, natamycin), yeast extract, salt, natural cheese flavour (maltodextrin, whey solids, natural cheddar cheese flavour, salt), baking soda, spices.

**Allergen Status:** Contains Milk.

Nutrition Facts	
Valeur nutritive	
Per 1 cup (250 mL) pour 1 tasse (250 mL)	
<b>Calories 140</b>	% Daily Value*
	% valeur quotidienne*
<b>Fat / Lipides 3 g</b>	4 %
Saturated / saturés 1.5 g	8 %
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides 20 g</b>	
Fibre / Fibres 2 g	7 %
Sugars / Sucres 10 g	10 %
<b>Protein / Protéines 10 g</b>	
<b>Cholesterol / Cholestérol 10 mg</b>	
<b>Sodium 840 mg</b>	37 %
Potassium 450 mg	10 %
Calcium 300 mg	23 %
Iron / Fer 0.5 mg	3 %
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est beaucoup	

## Thawing & Heating Instructions

Thaw under refrigeration 12 - 24 hours.

SOUP IS READY TO SERVE - DO NOT DILUTE.

**Steam Kettle:** Remove from pouch. Heat at simmering point for 10 minutes. Stir occasionally.

**Water Immersion:** Heat the pouch in simmering (95°C) water for 30 minutes.

## Suggestions

**Portioning Guide** Portioning Utensil: Ladle (170 ml/6 oz)

**Shelf Life** 365 days