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# Beef Chili

Frozen Ready to Serve Pouch



Item Code	Item Name	Pk/Size	SCC	Case (L x W x H)	Case Weight Net & Gross		CuFt	Tie/High
30204	Beef Chili	2 x 2.5 kg	10623273302045	12.875 x 10.5 x 5" 32.7 x 26.67 x 12.7 cm	5.0 kg 11.02 lbs	5.2 kg 11.46 lbs		12 x 7 = 84 cases per pallet

**Ingredients:** Water, ground beef, red kidney beans (red kidney beans, water, salt, calcium chloride, disodium EDTA), tomato paste, tomatoes (tomatoes, tomato juice, calcium chloride, may contain citric acid), green peppers, vinegar, onions, sugar, canola oil, beef extract type flavour (beef stock, maltodextrin, flavour, salt, yeast extract), salt, dehydrated garlic, chili powder (spices, salt, herbs, garlic), spices.

**Allergen Status:** None.

## Nutrition Facts Valeur nutritive

Per about 1 1/4 cups (300 g)  
pour environ 1 1/4 tasses (300 g)

Calories 240	% Daily Value*
	% valeur quotidienne*
<b>Fat / Lipides</b> 8 g	11 %
Saturated / saturés 3 g	
+ Trans / trans 0.3 g	17 %
<b>Carbohydrate / Glucides</b> 21 g	
Fibre / Fibres 5 g	18 %
Sugars / Sucres 9 g	9 %
<b>Protein / Protéines</b> 19 g	
<b>Cholesterol / Cholestérol</b> 40 mg	
<b>Sodium</b> 750 mg	33 %
Potassium 750 mg	16 %
Calcium 75 mg	6 %
Iron / Fer 3.5 mg	19 %

\*5% or less is a little, 15% or more is a lot  
\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

## Thawing & Heating Instructions

Thaw under refrigeration 24 - 36 hours.

**Water Immersion:** Heat the pouch in simmering (95°C) water for 40 minutes.

**Convection Oven:** Remove from pouch. Heat 35 - 45 minutes at 150°C in a covered pan.

## Suggestions

**Portioning Utensil:** Ladle (115 ml/4 oz)

**Shelf Life** 365 days