



RTS Original

Live Well & Eat Well

- Starting the day with a good breakfast helps you stay alert and focus on daily activities.
- Cream of Wheat bulk instant is an excellent way to get the nutrition you need.
- Cream of Wheat provides you with energy & calcium. Protein and fibre; you know, the good stuff; the building blocks of a healthy life.
- For over 115 years, people have been getting more out of life, everyday, with a bowl of Cream of Wheat.
- It's true goodness for all. Honest.

Each warm, nourishing bowl:

- Provides energy
- Is an excellent source of iron
- Contains dietary fibre

Added instant bulk benefits:

- No fuss/No mess
- Time saving; ready in seconds
- Cook in microwave or on stove top



Item Code	Item Name	Pk/Size	UPC	SCC	Item (L x W x H)	Item Weight Net & Gross	Case (L x W x H)	Case Weight Net & Gross	CuFt	Tie/High		
80101155	RTS Original	12/336 g	072400011559	30072400011550	12 x 6 x 19.8 cm 4.72" x 2.36" x 7.8"	336 g 0.74 lbs	420 g 0.93 lbs	21.6 x 37.8 x 27.0 cm 8.5" x 14.88" x 10.64"	5.0 kg 10.5 lbs	4.99 kg 11.00 lbs	0.779	12 x 6 = 72 cases per pallet
80101392	RTS Original Bulk	1 x 50 lbs	072400013928	072400013928			40.0 x 32.8 x 20.3 cm 15.75" x 12.91" x 12.08"	22.67 kg 50 lbs	23.85 kg 52.58 lbs	1.42	9 x 3 = 27 cases per pallet	

Ingredients: Wheat farina, salt, partially defatted wheat germs, guar gum, natural flavour, BHT (no preserve freshness).

Allergen Status: Wheat.

Nutrition Facts / Valeur nutritive

Amount Teneur	% Daily Value % valeur quotidienne
Calories 100	
Fat / Lipides 0 g	0%
Saturated / saturés 0 g	0%
+ Trans / trans 0 g	
Cholesterol / Cholestérol 0 mg	0%
Sodium / Sodium 160 mg	7%
Vitamin A / Vitamine A	0%
Calcium / Calcium	2%
Carbohydrate / Glucides 21 g	7%
Fibre / Fibres 1 g	32%
Sugars / Sucres 0 g	
Protein / Protéines 3 g	0%
Vitamin C / Vitamine C	0%
Iron / Fer	25%

Handling Instructions

Shelf stable product.

Shelf Life

- 24 months Unopened

Products Available

- Canadian Stove 8 min
- Canadian Stove 3 min
- RTS Original Bulk