

## nudefruit Wild and Crazy Blueberries



- Fresh picked and frozen blueberries
- All natural with no added sugar
- 100% Canadian
- Product of Ontario
- 600 zip top bag, packed in 12's, 7.2 kg. Per case

### HANDLING INSTRUCTIONS

Keep frozen. Thaw desired amount and return remaining product to freezer immediately. Use as an alternative to fresh fruit or in your favourite recipes including smoothies, pies, cereals, tarts and muffins.

### SHELF LIFE

Refrigerate leftovers and use within 1-2 days. DO NOT RE-FREEZE THAWED PRODUCT.

### ALLERGEN STATUS

None

### PRODUCTS AVAILABLE

- Ravishing Raspberries
- Four Very Bare Berries
- Blushing Strawberries
- Lovable Sour Cherries

### FOR MORE INFORMATION

#### CONTACT:

Tel: 416.539.ZAST (9278)

Fax: 416.539.9299

Email: [info@zastfoods.com](mailto:info@zastfoods.com)

PRODUCT INFORMATION				CASE INFORMATION				
Item #	UPC	Description	Pack Size	Length (in)	Width (in)	Height (in)	Net Weight (lbs)	Ti / Hi
40105	800463401051	Wild & Crazy Blueberries	12 x 600 g	20.00	10.00	7.00	15.87	8 / 7

### INGREDIENTS

Individually quick frozen cultivated and/or Wild Blueberries

Nutrition Facts Valeur nutritive	Amount / Teneur		Amount / Teneur	
		% DV / % VQ*		% DV / % VQ*
Per 1 cup (155 g)	Fat / Lipides 1 g	2%	Carbohydrate / Glucides 19 g	6%
	Saturated / saturés 0 g	0%	Fibre / Fibres 4 g	16%
	+Trans / trans 0 g		Sugars / Sucres 13 g	
	Cholesterol / Cholestérol 0 mg		Protein / Protéines 1 g	
	Sodium / Sodium 0 mg	0%	Vitamin C / Vitamine C	6%
Calories 80		Iron / Fer	2%	
	Vitamin A / Vitamine A	0%		
	Calcium / Calcium	2%		

\*DV = Daily Value  
VQ = valeur quotidienne

171 East Liberty Street, Suite 209  
Toronto, ON M6K 3P6  
[www.zastfoods.com](http://www.zastfoods.com)